Corpus Christi Texas Dental Hygienists' Association Presents

"Navigating Today's Clinical Challenges" & "Today's Research Improving Your Patient's Health" with

Pam Hughes, RDH, MS

DEL MAR CAMPUS To Be Announced Corpus Christi, TX Saturday, Sept. 16, 2017 9:00am - 4:00pm - 6 CEU's

Pam Hughes, RDH, MS... Pam is a recognized speaker throughout the United States on advances in therapeutic oral care products, women's aging complexities, risk assessment and improving patient care with evidence-based decision making. She is a past President of the California Dental Hygiene Educators' Association and the California Dental Hygienists' Association.

Pam remains clinically active in a general practice with over 37 years of experience and holds a faculty position in the BSDH program and MSDH graduate program at the Ostrow School of Dentistry at the University of Southern California in the Division of Periodontology, Diagnostic Sciences, and Dental Hygiene and is the recipient of the 2016 Outstanding Part-Time Faculty Award.

"Navigating Today's Clinical Challenges" 9:00 - 12:00 - 3CEUs... Overview: The 21st century patient will often present significant oral and dental challenges associated with environmental factors, systemic interactions and multifactorial links to the progression of dental disease. Knowledge of a condition's etiology, recognition, intervention, management, education and prevention can assist the dental professional in being more informed.

This presentation will provide a detailed overview on dietary habits and their insult related to the growing incidence of demineralization and acid-related erosive decay. Research has been unfolding discoveries

associated with GERD and an increased consumption of high-energy drinks, sugary sports drinks, carbonated drinks and their mistakenly associated relationship with being healthy. A discussion will surround these negative dental consequences along with the latest misconceptions that mega-sized drinks, snacks and dried fruits consumed regularly are consistent with good health.

This program will additionally outline risk assessment protocols with effective homecare regimens regarding the prevalence of xerostomia observed from medication interactions, autoimmune disorders, systemic disease and the misrepresentation and use of OTC products. Today's realistic solutions will be discussed addressing the needs expressed by the patient in your chair. Recommendations designed to achieve optimal oral health with the latest research-based technology will be shared along with strategies for implementing preventive measures.

Objectives:

At the conclusion of the presentation, the participant will be able to:

- 1. Identify clinical challenges surrounding demineralization, dental erosion and the role of acid production on tooth structure.
- 2. Discuss the relationship associated with frequent dietary acid insults, nutritional patterns, intrinsic and extrinsic acid exposures on tooth wear.
- 3. Identify the association with noncariogenic tooth structure loss and heightened destructive patterns observed in other forms of dental wear.
- 4. Share the research surrounding the negative consequences from regularly consuming high-energy drinks, dried fruits, and sugary sports drinks and the misconception about being healthy.
- 5. Review assessment protocols with prevention strategies in treating the xerostomic patient.
- 6. Discuss the importance of early intervention, patient education and management strategies while treating the patient challenged with acid insults and xerostomic conditions impacting the oral environment.

"Today's Research Improving Your Patient's Health" 1:00 - 4:00 - 3 CEUs... Overview:

This course will identify various systemic diseases often associated with periodontal disease, oral manifestations and the latest information surrounding the incidence of autoimmune disorders. Current research has indicated decreasing inflammation supports a healthy immune system. Balancing risks and benefits, accessing clinically proven technology and improving patient compliance can significantly impact treatment outcomes. Utilizing a risk assessment approach along with tailored strategies will assist the dental professional in supporting overall health promotion.

Objectives:

At the conclusion of the presentation, the participant will be able to:

- 1. Identify systemic disease with relationships observed in patients with periodontal disease and oral manifestations.
- 2. Discuss the latest research focusing on heart advances, stroke, medication interactions and the increased prevalence in autoimmune disorders.
- 3. Review assessment protocols with tailored strategies and clinical research supporting oral health impacting overall health.

Pam Hughes, RDH, MS Author/Speaker Intellectual Property-April 2017

SCHEDULE: Saturday, September 16, 2017-9:00 - 4:00

8:30 - 9:00 - Check-In and On-site registration

9:00 - 12:00 - "Navigating Today's Clinical Challenges"

12:00 - 1:00 - Lunch provided for ALL DAY participants

1:00 - 4:00 - "Today's Research Improving Your Patient's Health"

LOCATION: DEL MAR CAMPUS TBA

Corpus Christi, TX

CONFIRMATION/REFUND: confirmation will be sent electronically if an email address is provided. **Refunds** require a written request which must be received 7 days prior to course presentation and will carry a \$25 cancellation fee.

FYI: \$5 of each registration will be donated to TX HyPac. If you prefer not to be a donor, please check with the registration desk to remove your name.

CONTINUING EDUCATION: This note is to certify that the Corpus Christi Dental Hygienists' Association as a component of the American Dental Hygienists' Association, its component, and its constituent organizations; is an approved CE course provider for the Texas State Dental Board of Examiners. These courses meet the SBDE criteria for acceptable continuing education hours for **DENTISTS, DENTAL HYGIENISTS, AND DENTAL ASSISTANTS**.

QUESTIONS? CONTACT:

Lois Palermo - 713-419-6974 - for registration information **Dale Hahn** – 979-363-1626 for general information Or

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