

**Corpus Christi Texas Dental Hygienists'
Association
Presents**

**“Building a Successful Prevention Strategy for High Risk Adults” &
“Effective Whitening Strategies for the Next Decade”**

with Lillian Caperila, RDH, BSDH, M.Ed.

**Del Mar Campus West, 4101 Old Brownsville Rd., Corpus Christi, TX 78405
Technology Bldg. Rm.124 A&B**

Saturday, March 7, 2020 9:00am - 4:00pm - 6 CEU's

About the Speaker

Lil Caperila, RDH, BSDH, M.Ed. is an international lecturer and experienced dental hygienist on topics related to periodontics, preventive therapy and motivational interviewing. A graduate of Montgomery County Community College with A.S. in applied science and certificate in dental hygiene. In 1989, Lil received her bachelor's degree of dental hygiene education from Thomas Jefferson University in Philadelphia, PA. During her transition into corporate education, Lil completed her master's degree in education with a specialty in instructional design and training from Penn State University in 2004. She is a recipient of the 2010 ADHA Irene Newman Award for excellence in advancing the profession of dental hygiene. In 2009, Lil was inducted to the Alumni Hall of Fame at Montgomery County Community College in Blue Bell, Pa.

Since 2000, Lil has delivered well over 600 seminars throughout the country and additional lectures and workshops for her global colleagues in Asia, Europe and South Africa. She has authored journal articles and contributed a chapter on dentinal hypersensitivity in a recently released clinical handbook for dental hygienists.

“Building a Successful Prevention Strategy for High Risk Adults” 9:00AM – 12:00PM – 3 CEU’s

Course Description

This course will provide the participants (dentists, hygienists, assistants, public health and medical providers) with a protocol when treating their senior clients to identify factors that place them at greatest risk for oral health diseases. Overview of the etiologies that cause xerostomia, root caries and erosive dental patterns, it will be necessary to formulate an appropriate treatment plan which includes frequent maintenance and selective agents that restore the necessary components lost from inadequate salivary function.

Today’s older adults are the first generation to sustain their natural dentition throughout their lifespan. This presents significant challenges to the dental professional when medical and emotional factors produce loss of dental function and recurrent dental caries. Our role is to review the current evidence-based research that supports a highly successful therapy for all adult patients.

Learning Objectives

At completion of this program, participants will be able to:

- 1) Identify the adult patient who presents with greatest risk for enamel and dentinal caries and root sensitivity.
- 2) Discuss the most prominent etiologies for xerostomia and erosion.
- 3) Identify medications and systemic diseases/disorders with side effects that affect normal oral function and tooth structure.
- 4) Discuss the components of saliva critical in preserving the dentition.
- 5) Design a treatment plan based on suggested case studies within today’s program
- 6) Differentiate among the various deliveries of fluoride, amorphous calcium phosphate and desensitization properties.
- 7) Determine the most effective maintenance interval and treatment plan for adults in this category.
- 8) Define stem cell research
- 9) Describe and explain evolution of stem cell research
- 10) Explain stem cell research in dentistry
- 11) Future medical and dental implications

“Effective Whitening Strategies for the Next Decade” 1:00PM – 4:00PM - 3CEUs

Description

This seminar presents a comprehensive approach in offering cosmetic whitening efficiently and cost-effectively in your practice. Today’s dental practice should offer all options to accommodate the needs and desires of our clients. We are treating patients of all ages who believe that esthetic services are equally important in their overall healthcare maintenance.

Cosmetic whitening can complement high quality minimally-invasive dentistry as a practice builder and patient satisfaction tool. A well-versed staff that holds a greater knowledge in their patient’s expectations and anticipated outcomes in cosmetic whitening serves to be a highly valued asset to today’s practice!

Learning Objectives

- Brief historic review of how teeth whitening became popular in OTC/Professional delivery systems
- Demographics who make up the greatest population who seeks this service
- Predictability of success and limitations of whitening results
- Overview of: OTC, In-office and take home professionally-supervised deliveries
- Address internal bleaching briefly – indication and difference with tooth whitening
- Fluorosis/whitening and enamel micro-abrasion options
- Safety - potential long-term effects based on product strength and product abuse?
- Product recommendations that can provide ease in resolving transient sensitivity as well as enamel/dentinal protection following whitening procedures

- Tooth whitening maintenance, hints and tips for patients/consumers
- Use of remineralization and desensitization agents in preserving enamel post-whitening
- Design a marketing strategy for your practice team

Sponsorship arranged through Premier Dental Products Company



SCHEDULE: Saturday, March 7, 2020- 9:00 - 4:00

8:30 - 9:00 - Check-In and On-site registration

9:00 - 12:00 **“Building a Successful Prevention Strategy for High Risk Adults”**

12:00 - 1:00 - Lunch provided for ALL DAY participants

1:00 - 4:00 – **“Effective Whitening Strategies for the Next Decade”**

LOCATION: DEL MAR CAMPUS (WEST)
Emerging Technology Bldg. Rm 124 A & B
4101 Old Brownsville Rd.
Corpus Christi, TX 78405

Directions <https://www.mapquest.com/>

CONFIRMATION/REFUND: confirmation will be sent electronically if an email address is provided. **Refunds** require a written request which must be received 7 days prior to course presentation and will carry a \$25 cancellation fee.

CONTINUING EDUCATION: CONTINUING EDUCATION CREDITS: 6 CEUs (3 CEUs for AM & 3 CEUs for PM) This note is to certify that the Corpus Christi Dental Hygienists' Association as a component of the American Dental Hygienists' Association, its component, and its constituent organizations; is an approved CE course provider for the Texas State Dental Board of Examiners. These courses meet the SBDE criteria for acceptable continuing education hours for **DENTISTS, DENTAL HYGIENISTS, AND DENTAL ASSISTANTS**.

QUESTIONS? CONTACT:

Lois Palermo - 713-419-6974 - for registration information

Dale Hahn – 979-363-1626 for general

information OR www.omegaseminars.com

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Premier, Crest Oral B, The RDH Connection

Thank you to **GSK** who will be displaying

Corpus Christi Registration Form PLEASE PRINT your name as it appears on your license or certification.

Name: _____ (circle) RDH, DDS, DMD, RDA, CDA, other

Address: _____ City, State, Zip: _____

Phone #s: (H) _____ (Work) _____ (Cell) _____

E-Mail Address _____ (needed for confirmation)

Fees: Early Bird Before Mar. 1st After Mar. 1st

	AM	PM	Both	AM	PM	Both
ADHA Member	\$50	\$50	\$85	\$60	\$60	\$95
Non-Member (RDH, DDS)	\$60	\$60	\$100	\$65	\$65	\$110
Dental Assistants	\$35	\$35	\$60	\$40	\$40	\$75

PLEASE circle the fee for the courses you are attending.....

Make checks payable to: Omega Seminars and send them to: Lois Palermo, 1236 Hunter Wood, League City, TX 77573

If paying by Credit Card: CC# _____ Visa/MC/Discover/AMEX (circle card used)

Exp. Date: _____

Credit Card registrations may be faxed to 1-281-605 5668 or pay ONLINE at www.omegaseminars.com Please note that credit card payments may appear on billing statement as a charge from Omega Seminars. Did you provide an email address in order to receive your confirmation?

Lunch is provided for ALL day registrants. **Do you have special allergy dietary request? If so, explain** _____

This form may be duplicated Total fee enclosed or to be charged: _____

Part of the registration fee will be donated to TexHyPAC or IOH

