

# Central Texas Dental Hygienists' Association

## Presents

### **We hope everyone has had a wonderful summer!**

As COVID-19 continues to impact our daily lives and ability to gather, we are offering new virtual experiences so you still have access to CE opportunities and the quality education you expect from Omega Seminars. New topics, all day events, and shorter format webinars. And I will continue to have my same **door prize drawings for Coach purses!**

***MACHELL HUDSON, RDH***

**Friday, October 2, 2020    3 CEUs**



**Machell Hudson, RDH**, is on faculty & consults with clients through Productive Dentist Academy. She is a full-time clinical hygienist with Dr. Bruce Baird at Granbury Dental Center, and holds advanced certification in laser therapy and oral-systemic connection through the Bale Doneen method preceptorship. She is an active member of American Academy of Oral Systemic Health(AAOSH) and sits on the marketing board. She can be reached at [Machell@productivedentist.com](mailto:Machell@productivedentist.com) or 800-757-6077.

## **PUTTING OUT THE FIRE: HYGIENIST'S ROLE IN INFLAMMATORY DISEASE**

**9am – 12pm 3 CEUS**

At some point (hopefully) all hygienists ask themselves, “Is this all there is...prophy after prophylaxis, after bloody prophylaxis?!!” If you are fed up watching disease progress, falling into never-ending pockets, and encountering constant resistance from your patients, this course is for you.

If your frontline detection of periodontal disease is a probe and radiographs, this course will blow your mind! Finally, the technology hygienists deserve is affordable and easy to implement. Discover how microscopes, lasers, oral DNA testing and oral antibiotics can innovate your care. Educate patients on how to successful care for oral health at home all evidenced based products and practices. From academic classroom to your operatory, she will share her success strategies:

- risk factors
- specific perio protocols
- communication skills
- technology to innovate care
- homecare protocols specific to patient needs



*P&G Professional Oral Health*

*ANNE O. RICE, RDH, BS, FAAOSH, CDP*

**Friday, October 2, 2020    3 CEUs**



**ANNE O. RICE, RDH, BS, FAAOSH, CDP**

Anne is a trusted expert of oral systemic link research and education and is very focused on cognitive health and sleep hygiene. With more than 30 years of clinical dental hygiene practice, she has witnessed the impact of periodontal inflammation on a wide range of diseases and conditions (including Alzheimer's Disease). This expertise and years of study led her to found Oral Systemic

Seminars fuelling her drive to inform colleagues and the general public through coaching and speaking. She has written articles for Today's RDH, RDH and DEW Magazine as well as Dentistry IQ sharing oral systemic relationships to help her fellow dental clinicians. Anne graduated from Wichita State University, Dental Hygiene then completed a bachelor's in Oral Health Promotion and is a graduate of the Bale Doneen Preceptorship for Cardiovascular Disease Prevention for Healthcare Practitioners. In 2020, Anne became a Fellow with the American Academy of Oral Systemic Health and a Certified Dementia Practitioner. She is also an active member of, American Dental Hygiene Association and the local component, Texas Dental Hygiene Association and The Texas Oral Health Coalition.

## **Dementia and the Dental Impact**

**12:30pm – 3:30pm 3 CEUs**

Alzheimer's Disease is a public health emergency. Since 2000 the cases have increased 89%, and over 300 people die every day from the disease. The root cause is debatable but we know connections, we know modifiable risk factors and lifestyle interventions can make a difference. Taking care of our brains must begin early. It takes perseverance and discipline but the payoffs are for life and how we live today impacts our tomorrows. You will be challenged and revered for your role as a healthcare provider. You will clearly understand once again how your career not only changes patients' lives but may very well save them from one of the most tragic diseases we have ever known.

### **COURSE OBJECTIVES**

Understand how Alzheimer's disease is associated with different etiologies and pathophysiological processes including the current hypothesis of bacteria, yeast and herpes virus setting off a cascade of events leading to the disease.

Determine how existing dental care practices can be adapted to educate patients on the risk factors of and preventive measures against dementia and Alzheimer's Disease.

Identify how critical sleep activities relate to memory storage and brain toxin clearing, tools to get better sleep and the role of sleep apnea.

Utilize current prevention strategies to reduce your own personal risk as well as the tools to relate the information to your family and coworkers.



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**CONTINUING EDUCATION CREDITS: 6 CEUs  
(3 CEUs for AM course; 3 CEUs for PM  
course)**

This note is to certify that the Central Texas Dental Hygienists' Association is a component of the American Dental Hygienists' Association, its component, and its constituent organizations; is an approved CE course provider for the Texas State Dental Board of Examiners. These courses meet the SBDE criteria for acceptable continuing education hours for **DENTISTS, DENTAL HYGIENISTS, AND DENTAL ASSISTANTS.**

**QUESTIONS? CONTACT:**

**Lois Palermo - 713-419-6974** for registration information

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